## WHAT SHOULD I DO IF I HAVE A PROBLEM OR WOULD LIKE SOME HELP?

FIRSTLY DO NOT STRUGGLE ALONE. IF YOU HAVE ANY QUERIES OR QUESTIONS PLEASE GET IN TOUCH (NO SUCH THING AS A SILLY OR DAFT QUESTION). WE ARE MORE THAN WILLING TO HELP.

EMAIL US AT-

WLWINCHBURGH-PS@WESTLOTHIAN.ORG.UK

YOU CAN CALL US VIA THE SCHOOL OFFICE DURING NORMAL SCHOOL HOURS -

01506 890202

Kindness, Effort, Respect

This short leaflet has been shared as a summary for general information.

Our Groupcall email system and School App, along with the Remote Learning SWAY on our school website provide a range of other more detailed information.

Take care everyone, be kind to yourselves and stay safe.

Please do keep in touch, especially if you think we might be able to help.

Everyone @ #TeamWinchie

Useful Websites for families and pupils

For online safety:

https://www.thinkuknow.co.uk/

For parents carers: https://www.parentingacrossscotland.org/

For family health and wellbeing;

https://clearyourhead.scot/https://clearyourhead.scot/



Kindness, Effort, Respect



## Winchburgh **Primary School**

Remote Learning Information for Parents & Carers



Every Learner Achieving Their Full Potential

Kindness, Effort, Respect



### **Remote Learning**

Remote
Leaning
can be a
challenge
for families



and carers. Here at Winchburgh Primary School we are committed to supporting you and your family whilst we navigate through these times.

It is important to note that remote learning will need to fit your family's needs and should not require your children to be working on their digital device all day. Class teachers design activities that encourage pupils to be active away from devices too.

## What does remote learning look like at present?

- Teachers will provide a weekly overview of the learning to be shared
- A variety of live and pre-recorded lessons will take place throughout the week
- Teachers will also hold regular Health and Well-being check-ins with pupils
- Tasks will be posted via MS Teams / SeeSaw

#### How will this be delivered?

Pupils will have the opportunity to work with their peers and their teachers via;

- video
- live lessons
- recorded lesson and presentations
- written and audio feedback
- · group meetings online with PSW's

# **Some Top Tips for Remote Learning**

- 1. Establish routines that suit your family's needs.
- 2. Choose a good place to learn.
- 3. Stay in touch we are here to help in any way we can.
- 4. Help pupils to 'own' their learning.
- Begin and end the day by checkingin (connect in with SeeSaw or MS Teams sessions).
- 6. Family first be kind to yourselves and don't let remote learning cause undue stress, (doing some is better than doing none).
- 7. Establish times for quiet and reflection.
- 8. Encourage breaks, physical activity and exercise.

